

**EMERGENCY DRUG DOSES
USING OVER-THE-COUNTER MEDICATIONS and SUPPLIES**

Name of Drug or Health Supply	Strength	Form	Use	Dog Dose	Cat Dose
Hydrogen Peroxide	2% - 3%	Liquid	Emetic to cause vomiting (do not use if your pet swallowed caustic substance or sharp objects)	1 tsp/5# of Body Weight. Repeat in 5-10 minutes if not successful (do not exceed 1.5 tbsp)	1 tsp/5# of Body Weight. Repeat in 5-10 minutes if not successful
Isopropyl Alcohol	50%	Liquid	Antiseptic	Do not use near eyes	Do not use near eyes
Alcohol Swabs	50%	Swabs	Antiseptic	Do not use near eyes	Do not use near eyes
MiraLAX		Powder	To help relieve constipation	Start with 1/8 tsp (puppy) up to 1/2 tsp+ twice a day in meal. Adjust as necessary	1/4 tsp of powder mixed in canned food twice a day
Saline Wound Wash	0.90%	Liquid	Flush wounds and eyes	Use to flush eyes vigorously when chemicals get in eye	Use to flush eyes vigorously when chemicals get in eye
Artificial Tears	15ml	Liquid	For dry eye	Every 4 hours in affected eye(s)	Every 4 hours in affected eye(s)
New Skin Liquid Bandage	10 ml	Liquid	Liquid bandaid	Use only after cleaning and drying wound. Allow several minutes to dry.. <i>not for puncture wounds</i>	Use only after cleaning and drying wound. Allow several minutes to dry.. <i>not for puncture wounds</i>
Neosporin Ointment		Ointment	Antibiotic ointment to apply to wounds	Apply to wound every 12 hours. Do not use in eyes unless indicated you can	Apply to wound every 12 hours. Do not use in eyes unless indicated you can
Lotrimin AF (Jock itch cream and also in lotion form)	1% Clotrimazole	Cream/Lotion	Anti-fungal	Apply to affected areas where yeast infection suspected every 6-12 hours	Does not work well for Ringworm in cats
Regular Strength Aspirin	325 mg/5 grain	Tablet	Anti-inflammatory/Pain Reliever/Decrease Clot formation	1 tablet per 60# of dog's body weight every 12 hours with meal. <i>DO NOT GIVE WITH NSAID</i>	<i>Do not use in cats due to lack accuracy in dosing!</i>
Low Dose Adult Aspirin or Baby Aspirin	81 mg 30mg	Tablet	Anti-inflammatory/Pain Reliever/Decrease Clot formation	1 tablet per 15# of dog's body weight every 12 hours with meal. <i>DO NOT GIVE WITH NSAID</i>	1 tablet per 15# of cat's body weight every 48 - 72 hours with veterinary instruction
Robitussen DM	Dextromethorphan HBr/5ml	Liquid	Cough Suppressant	1 tsp/30# of body weight every 8 - 12 hours (based on Dextromethorphan strength)	<i>Do Not Use</i>
4 Hour Allergy Medication / Chlorpheniramine	4mg	Tablet	Antihistamine / Decongestant	1 - 2 tablets per dog every 8 - 12 hours depending on size of dog	1/4 to 1/2 tablet per cat by mouth every 12 hours depending on size of cat

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Pepto-Bismol	262 mg	Caplet	Upset Stomach Reliever / Anti-diarrheal	1 caplet per 15 - 25# Body Weight every 8 hours	<i>Do not use in cats due to Salicylates</i>
Kaopectate Liquid w/ Bismuth Subsalicylate	50% by volume	Liquid	Anti-diarrheal / Relieve Upset Stomach	1/2 to 1 tsp/5# of Body weight every 4-6 hours	<i>Do not use in cats due to Salicylates</i>
Immodium A-D	2mg Loperamide	Tablet	Anti-Diarrheal	1 tablet/40# of body weight every 8 - 12 hours. Do not give more than 5 days. Caution in Collie & Like breeds	<i>Do Not Use....Use in cats is controversial due to potential reactions</i>
Benadryl (Diphenhydramine)	25mg and 12.5mg	Tablet	Antihistamine	1/2 - 1 mg/lb of body weight every 8 - 12 hours	1/2 to 1 mg/lb of body weight every 8 - 12 hours (use 12.5mg tablet)
Dramamine (Dimenhydrate)	50mg	Tablet	Motion sickness	2-4mg/lb of BW every 8 hrs	2-4mg/lb of BW every 8 hrs
Bonine (Meclizine HCl)	25 mg	Tablet	Motion sickness	2mg/lb of body weight 1x/day	1/4 to 1/2 tablet/cat/day
Prilosec (Omeprazole)	20mg	Tablet	Stomach Acid Reducer	1/4 to 1/2 tablet orally/20# of dog body weight daily	1/8 to 1/4 tablet/10# cat per day
Pepcid AC (Famotidine)	10mg	Tablet	Stomach Acid Reducer	1/4 to 1/2 tablet orally/20# body weight every 12 - 24 hrs	1/4 to 1/2 tablet orally/cat every 12 - 24 hours
Hydrocortisone Crème	1%	Cream	Topical Anti-inflammatory	Apply 2x/day to affected area. Can be mixed with Neosporin	Apply 2x/day to affected area. Can be mixed with Neosporin
Petroleum Jelly		Jelly	Wound protectant / lube / For constipation	DO NOT USE ON CHEMICAL BURNS as wound dressing!	1/2 to 1 tsp by mouth/day as laxative (can apply to paws)
Betadine Solution	10%	Liquid	Antiseptic	Wear gloves when using. Will stain. Do not get near eyes!	Wear gloves when using. Will stain. Do not get near eyes!
Non-stick Pads		Pads	Dressing for wound	Apply antibiotic ointment on pad before applying	Apply antibiotic ointment on pad before applying
Tender Tape/Vetrap	2" Roll	Tape	Tape for dressing wounds	Careful on applying. Can become a tourniquet.	Careful on applying. Can become a tourniquet.
First Aid Cloth Tape	1" Roll	Tape	Tape for dressing wounds	Careful on applying. Can become a tourniquet.	Careful on applying. Can become a tourniquet.
Digital Thermometer			Rectal thermometer to measure body temperature	Lube 1st with Vaseline. Normal rectal body temp range is 101 - 102.5 degrees Fahrenheit	Lube 1st with Vaseline. Normal rectal body temp range is 101 - 102.5 degrees Fahrenheit
Honey or Karo Syrup		Viscous Liquid	For low blood sugar episodes / hypoglycemia	1/2 tsp up to 2 tbsp in mouth depending on size of dog. Seek veterinary care immediately.	1/2 to 1 tsp/cat in mouth depending on size of cat. Seek veterinary care immediately.

ASPCA POISON CONTROL CENTER 1-888-426-4435 or PET POISON HELPLINE 1-800-213-6680 (Consultation fee may be applied to a credit card)

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COMMON SENSE NUMBERS & ITEMS THAT YOU CAN USE

1 kilogram (kg) = 2.2 pounds

.....if you want to rough it, make a kilogram equal to 2 pounds, i.e. a 20 pound dog = 10 kg. (rather than 9.09 kg.)...it will do in a pinch.

1 Milliliter (ml) approx = 1 cubic centimeter (cc).

These terms are used interchangeably.

- 5 ml = 1 teaspoon
- 3 teaspoons = 1 tablespoon
- 15 ml = 1 tablespoon
- 2 tablespoons = 1 ounce (oz.)
- 30 ml = 1 oz.
- Therefore, 1 oz. = 6 teaspoons

- 1 cup = 8 ounces
- 240 ml = 8 oz.
- 2 cups = 1 pint (pt)
- 2 pints = 1 quart (qt)
- 1 quart is approximately = to 1 liter or 1000 ml.

1 grain = 65 mg., therefore a normal **5 grain aspirin tablet is equal to 325 mg.**

A **baby aspirin or low-dose adult aspirin is 1 ¼ grain or approx. 81mg**; it takes 4 baby aspirins to equal 1 adult aspirin.

A dog and cat's normal **rectal body temperature** ranges from **101.0 degrees Fahrenheit – 102.5 degrees Fahrenheit**. This normal range may vary depending on the dog or cat's activities and the environmental temperature (there are many 'normal and healthy' dogs that have a 103.0 +/- degree Fahrenheit temperature due to excitement and hot days). ALL DOGS HAVE A TEMPERATURE, NOT ALL DOGS HAVE A FEVER! A low rectal body temperature (< 100 degrees Fahrenheit) means several things: 1) the thermometer was either not in long enough, 2) not far enough in the rectum, or 3) your dog or cat is sick. With either very high body temperature or low body temperature, be sure to recheck in a few minutes. Use lubrication on your thermometer prior to inserting, adequate help in restraint, and gentle, persistent pressure when inserting the thermometer.

Respiratory rate of healthy, resting dog: (young) 20 – 22 breaths/minute and for old dogs 14 –16 breaths/minute.

Heart rate of healthy, resting dog: Young dog: 110-120 beats/minute; Dog of large breed, adult: 60 – 80 beats/minute; Dog of small breed, adult: 80 – 120 beats/minute.

HELPFUL ITEMS TO HAVE AROUND

- Gauze sponges to clean wounds and make bandage dressings
- Rubber bulb ear syringes to flush out debris from wounds and collect samples when needed
- Blankets can be used for restraint, warmth to avoid shock, and as a stretcher
- Tweezers are helpful to pull debris out of wounds and getting things out of the mouth
- Ziplock bags are great for collecting samples, keeping feet dry for wounds on the foot, and they can also be used to make an ice compress by mixing approximately 1 to 1 mix of water and Isopropyl alcohol, place in Ziplock bag, seal and then freeze overnight. Will create an icy slush that will conform to body parts that need treatment. To avoid ice burn, place thin cloth between compress and part.
- Muzzle for use when confronted with an injured and painful dog.
- Heavy bath towel are great for restraining angry cats and small dogs
- Softer bar of soap to help stop bleeding when cutting toe nails of your pet and getting into the quick of the nail
- Splints can be created with a rolled up newspaper, branches, boards, Popsicle sticks, and any other straight and hard object. Use Ace bandage along with these for temporary splint